

VOLUNTEERING OPPORTUNITIES

at Quetzal

To apply for a volunteer placement at Quetzal, please complete both sides of this form, then detach it and return it to:

Quetzal, 14-16 Talbot Lane, Leicester LE1 4LR



Why would you like to work with Quetzal?

What skills and experience do you bring?

About the Quetzal name

The Quetzal Project was the brainchild of Jenifer Anthony Black, back in 1989. Quetzal began as a self help group then developed into a more formalised range of professional support services. Jennifer no longer plays a central role in the delivery of services provided by Quetzal, but her vision remains.

A Quetzal is a South American bird which, legend has it, dies when caged. Counselling, a Helpline and information can help break the bars of psychological cages for women who are recovering from the trauma of childhood sexual abuse.

Quetzal now works with hundreds of women aged 16 and over in Leicester City, County and Rutland.

Production of this leaflet is supported by the Home Office (Office for Criminal Justice Reform) through the Victims Fund.



14-16 Talbot Lane, Leicester LE1 4LR
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Helpline 0116 253 3383

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Registered Charity No. 1141890

Company limited by guarantee

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VOLUNTEERING



*Supporting women
recovering from the trauma of
childhood sexual abuse*

Patron: Sue Townsend

VOLUNTEERING

Volunteering opportunities include:

- Reception
- Helpline
- Counselling
- Committee member

All volunteers need CRB (Criminal Records Bureau) clearance, because we work with vulnerable people. If you hold existing clearance, this may be suitable for Quetzal. If not, we may arrange CRB clearance on your behalf.

All volunteers benefit from free training and development. We offer mentoring from more experienced people in the team. Supervision is an essential part of support at Quetzal.

Because of the nature of our work, all Quetzal counsellors who work face-to-face with clients must be female. However, male volunteers can join Quetzal to work in other roles.

We offer volunteers:

- Appropriate specialist training
- Continuing Professional Development
- Regular support and supervision
- Mentoring from experienced volunteers
- Reasonable travelling expenses
- Use of our specialist library

Requirements for volunteers

These are the **minimum** requirements for volunteers with Quetzal, in addition to our own training.

Counselling

On the second year of, or have successfully completed, a Diploma or Postgraduate Diploma level course in counselling at a recognised (and preferably BACP accredited) institution.

Helpline

Studying on, or have successfully completed, a Certificate level course in counselling at a recognised (and preferably BACP accredited) institution.

Reception

Taking, or have successfully completed, a course in counselling skills at a recognised institution.

Committee members

There is no particular requirement for committee members, other than time and enthusiasm. Of course, if you have any experience in committee work, this will be very welcome. Men may join the committee.

All volunteers

- Proof of study and/ or qualifications is required
- Criminal Records Bureau (CRB) clearance is required: Quetzal may arrange this
- Volunteers must be at least 18 years of age

Training

Quetzal runs training courses and Continuing Professional Development modules throughout the year to enable volunteers to develop and enhance existing skills.

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Full name

Address

Postcode

Phone

Mobile

Email

Gender

Age

Volunteer position for which you are applying